

Exchange Report

Copenhagen Business School



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GBUS & ISOM, Year 3
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Part 1: Monthly Activity Log

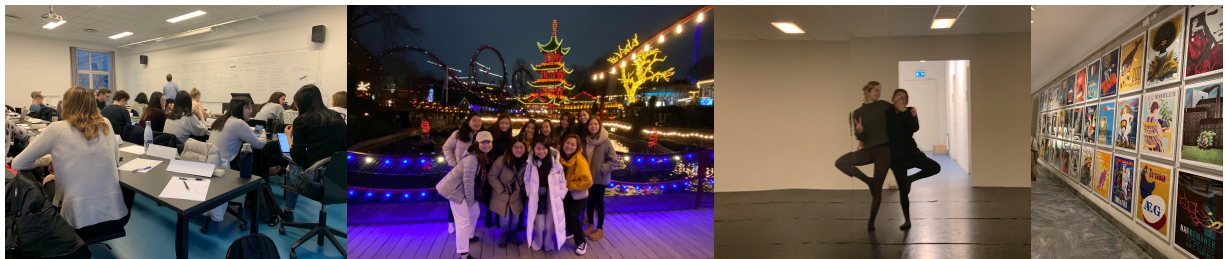
January

I arrived in Copenhagen on 27 January, the first day of the exchange orientation program. My exchange buddy, Astrid, was super nice and helpful (oh and pretty as well). She came to pick me up, helped me to buy a Rejsekort(Danish Octopus card) and gave me the key of my dorm. Thanks to her help, we settled down quickly and headed to the orientation place together. My classes started on 28 January. I would say the first few days were pretty tough as I was suffering from jet-lag yet still got to go to classes and orientation events. I would recommend you going a few days earlier so you would have more time to settle down and relax, or maybe explore the city for a bit.



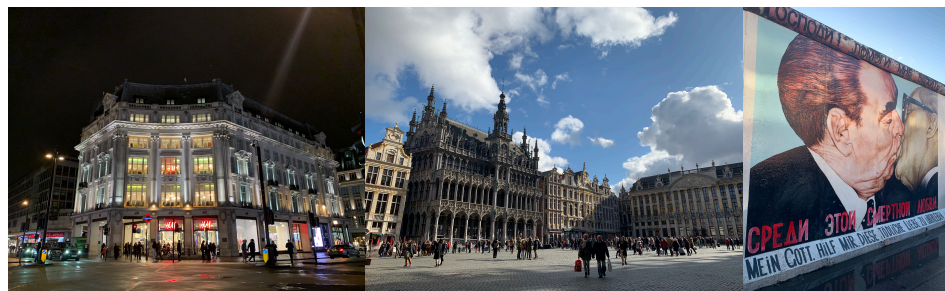
February

CBS class schedule was usually not fixed — the timetable may be different every week, so some of my classes clashed. I consulted my professors about this issue, and they recommended me to spend more time on reading online materials than rushing between classes. Because of class clashes, I had around 2 day-off per week, despite I was taking 5 courses.



Since my first exam was on March, so besides studying, I explored the city and travelled quite a bit in February. My friends and I visited some local bakeries, asian restaurants (Chinese/Japanese/Thai) and tourists hotspots such as Design Museum and Tivoli Garden. I heard that Tivoli Garden in Spring/Summer is

worth-visiting as well but unfortunately I didn't stay till Spring. I also visited different cafés and took yoga classes organised by CBS yoga club in my free time. The yoga instructor was very welcoming, just like most locals I met in Denmark. I have also spent some weekends travelling — had a few short trips to London, Amsterdam, Brussels and Berlin. I watched an Arsenal match in London. They won, wow, finally! The trip to Amsterdam is my favourite, as I find the local culture pretty eye-opening, and food/sweets was great, especially the spicy fish (yea, the Chinese dish).



March

As Covid-19 situation in Denmark got worse, I left Denmark in early March and continued my study virtually.

Part 2: General Exchange Information

Visa procedure

As a Hong Kong passport holder, I applied for the Visa by going to the embassy in Shenzhen in person. The application procedure was split into two parts — online and offline, but no worries, just follow the instructions and remember to bring along cash (RMB only) and passport-sized photos to the Shenzhen office. They mailed me the visa around one month later. Then, all you have to do is to apply for your CPR card when you are in Copenhagen. I went to the Frederiksberg Townhall for my application. Remember to bring along supporting documents such as documents with both your name and address, and your visa.

Orientation Activities

You will receive an email from CBS with detailed information about the orientation program — Exchange Social Program, which is organised by CBS students. There are two packages. The earlier one (20/1-24/1) is called “Crash source week package” and the second one (27/1-1/2) is called “Introduction week social package”, which includes more sightseeing events than the former one.

I joined the second one only. The introduction week social package includes a stand-up comedy, Danish folk dancing, Canal Tour, Buddy Party, Movie Night, and a welcome dinner. After the dinner, they will send you to a club by coach (Optional). The program costed 750 DKK. I just joined some of the events as I was suffering from jet-lag. If you can't join the program but still want to make new friends, no worries, you can actively join dorm activities/ talk to your neighbour in class.



Tips: you probably would want to dress up a bit in the welcome dinner

If you want to know more basic information of CBS, you could join the information sessions offered by CBS in the orientation week (optional and free). There were campus tour (there are a few campuses so better know which to go for classes) and talks regarding student housing, exam format, academic requirement and school facilities etc.

Accommodation

I stayed in Holger Dansk Vej 89, which is not a CBS dorm. I did apply for CBS housing but unfortunately I had no CBS dorm offer in the first round. Luckily, the housing office offered me a place in Holger Dansk Vej a few weeks later.

For dorm application, CBS housing office will send emails to you and all you have to do is follow the application procedure. Remember to do some research and rank your dorm preferences (can only choose one room size so better make

up your mind before you apply) before the actual application because it is on a first-come-first-serve basis.

Course Registration

I would recommend you to check what courses interest you on CBS website in September when the course list is released. Then, fill in *GR22 - Assessment of Course Equivalence for Credit Transfer* as soon as possible if you want to do credit transfer but failed to find your courses in the UST credit transfer database. There are two rounds of course registration. The first round usually begins in October. Prepare your list of chosen courses and a back-up choice for each course you want to enrol (compulsory). The second round of registration usually takes place in December. You are required to email the CBS office, listing out the courses you wish to add or drop. The final result will be released in January.

No need to worry too much. Just make sure you won't miss their emails, and follow their instructions. If you are very concerned, you can talk to Forrest as well :)

Teaching and Learning

It really depends on what courses you take. I like the Danish course and the people management class the most. The professor of the Danish course was humorous and always willing to help. He recommended us a few Danish songs and I was addicted to a danish song called "Million" sang by Joey Moe. The professor of the people management class was friendly as well, but what I like most about her is how she was always willing to share her stories — life of a Singapore-born Indian living in Denmark.

Courses I took:

Course Code	Course Title
BINBO1160U	Principles of International Marketing
BBLCV1401U	Negotiation Skills and Conflict Management
BEOKV3005U	Leadership Communication: Theory and Practise
BHAAV6021U	Global People Management: Human Resource Management & Leadership
BINBV1106U	Danish - Integrated Skills

Excluding Danish course, the other four courses' exam format is written assignment. Some were suppose to be sit-in exams, but because of Covid-19, I took all my exams virtually, including the Danish oral exam. All course grades were 100% based on final exams.

Professors are all very helpful and friendly. Comparing with UST students, I think CBS students are more proactive in class. There were quite many people raising their hands to answer questions during lecture (even in lecture hall) , even when participation is not graded.

Sports and Recreation

I couldn't find any gym facilities in CBS campuses, but I did join some yoga classes (20DKK each) offered by CBS yoga club, which is a student-initiated club.

Finance and Recreation

I mainly used my credit card (Mastercard, have extra charge for overseas transactions). My friend used Unionpay, which sometimes didn't work. I have heard good things about Revolut, a virtual bank — users can top up with their HK bank accounts and exchange to different currencies with HKD (especially useful if you want travel to different countries). You have to provide your CPR number during the application so remember to apply for CPR card as soon as possible upon arrival.

Health and safety

You will receive (mailed to you) a CPR card and a yellow card (covered basic medical services) after you have applied for citizenship. If you want to see a doctor, you have to go to your assigned clinic and make a booking in advance as well.

Generally, people say Copenhagen is safe.

Food

I cooked for myself most of the time if I eat alone, so I would say it is important for me to have my own cooker and itinerary. It is quite pricey to dine out (average: around 100DKK, depends on what restaurant you go to). If you really don't want to cook and want cheaper food, you can eat at school canteen as well. There will be a special offer at 2pm and 7 pm every weekday, You can get a box of food-of-your-choice for 15DKK only at all CBS food courts. I bought one in DH canteen, not 100% sure with other canteens.



15DKK only!

Transportation

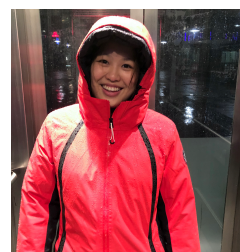
The bus and metro network is very comprehensive so don't worry about transportation. My dorm/most of the CBS campuses are around half-hour ride away from the airport. I would recommend you buying a Rejsekort, something like Octopus card in Hong Kong. You can use it for bus and metro. Remember to tap the card on and off the metro or bus, or else you would be penalised for 750DKK if they spot you.

Some of my friends bought 2nd hand bikes, but I didn't as I was not very confident in my cycling skills. I heard that there were some rules you have to follow when you bike, e.g. raise hand when you turn. Make sure you check these information out first before you bike. Safety first!

Climate

In February and early March, it was pretty (if not very) cold and rained a lot (a bit like London). I wore my down jacket most of the time, especially the water-proof one.

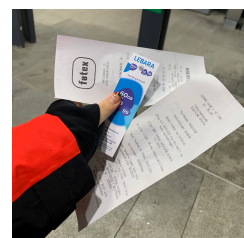
I left in early March so I didn't experience weather in Spring and Summer. I wish I could stay longer.



Water-proof down jacket is a must for me:)

Communication

As mentioned above, I got my sim card from a PIC during the orientation program. You can top up your card through apps or buying a top-up card in grocery stores and follow the complicated procedures which, in my case, were written in Danish.



Lebara Top-up card

Danish is the most common language used for daily communication. Danish is very difficult to understand, but no worries, many locals can speak fluent English. All classes I attended were conducted in English as well.

Part 3: Items to bring

- Personal ID
- Credit and Debit cards (I used my Master card only, better not use Union pay)
- Cash (Danish Krone and Euro)
- Laptop
- Chargers and adaptors
- Cabin-size luggage for travelling (backpack will do as well)
- Bum bag (if worried about pickpocketing)
- Winter and summer clothes (can bring a few and buy in Copenhagen)
- Down jacket (better if water-proof) and a pair of water-proof shoes (rain all the time)
- Bedding set (blanket and pillow were provided in my case)
- Medicine
- Skincare/Bodycare products and humidifier (It was very dry in Copenhagen)
- Cooker and utensils (If you don't want to share)

Part 4: Useful links

[CBS International Office](#)

[CBS Course Catalogue](#)

[CBS Accommodation](#)

[Online registration for Visa](#)

[Frederiksberg Municipality](#)